

En premier parallèle
ahn pruh-me-air parallel
(also known as en sixième, ahn see-zee-yem)

Parallel first
(also known as sixth position)
www.a1dance.co.uk

En premier / En première
ahn pruh-me-air
www.a1dance.co.uk

First position
www.a1dance.co.uk

À la seconde
a la suh-cawnd
www.a1dance.co.uk

Second position
www.a1dance.co.uk

En troisième
ahn twas-ee-em
www.a1dance.co.uk

Third position
www.a1dance.co.uk

En quatrième
ahn catr-ee-em
www.a1dance.co.uk

Fourth position
www.a1dance.co.uk

A1 DANCE
En cinquième
ahn sank-ee-yem
www.a1dance.co.uk

A1 DANCE
Fifth position
www.a1dance.co.uk

A1 DANCE
Bras bas
brah bah
www.a1dance.co.uk

A1 DANCE
Arms low
www.a1dance.co.uk

A1 DANCE
Demi-seconde
duh-mee suh-cawnd
www.a1dance.co.uk

A1 DANCE
Half second
www.a1dance.co.uk

A1 DANCE
Positions des pieds
paw-zee-syawns day pyay
www.a1dance.co.uk

A1 DANCE
Positions of the feet
www.a1dance.co.uk

A1 DANCE
Positions des bras
paw-zee-syawns day brah
www.a1dance.co.uk

A1 DANCE
Positions of the arms
www.a1dance.co.uk