

A1 DANCE



NATD Stage Branch Tap

Triple Timestep – Set Combination for Grade 4

The following Timestep combinations are danced on the balls of the feet with a light springy quality, the knees are relaxed. The only time the heel is put down is on the stamp at the end.

Triple

Triple Timestep	Shuffle hop <u>shuffle</u> step, tap, step, step	8 & 1 & a 2 & 3 &
Triple Timestep	Shuffle hop <u>shuffle</u> step, tap, step, step	4 & 5 & a 6 & 7 &
Triple Full Break	Shuffle hop <u>shuffle</u> step, shuffle, step	8 & 1 & a 2 & 3 &
	Shuffle step, shuffle ballchange,	4 & 5 & 6 & 7
Triple Half Break	Shuffle hop <u>shuffle</u> step, shuffle step	8 & 1 & a 2 & 3 &
Triple Half Break	Shuffle hop <u>shuffle</u> step, shuffle step	4 & 5 & a 6 & 7 &
Triple Half Break	Shuffle hop <u>shuffle</u> step, shuffle step	8 & 1 & a 2 & 3 &
	Shuffle step, ballchange, stamp	4 & 5 & 6 7