

A1 DANCE

NATD Stage Branch Tap

Class Exam Pre-Primary



Technical Exercises

- a) Bend and Stretch knees
- b) Straight Taps
- c) Forward and Backward Brushes
- d) Heel digs
- e) Steps and Toe Taps

Arms

- a) Set arm exercise

Rhythm

- a) Marching
- b) Clapping (1 2 3 4 5 6 7 8)

Dance Steps

- a) Set amalgamation
- b) Step, heel beats on alternate feet
- c) Heel beat, ball beats on alternate feet (crocodile walks)

Dance

Bow and march out