

A1 DANCE
Au milieu
oh mee-lyuh
www.a1dance.co.uk

A1 DANCE
In the centre
www.a1dance.co.uk

A1 DANCE
Demi-plié
duh-mee pleeyay
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A1 DANCE
Half bend
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A1 DANCE
Battement tendu
bat-mahn tahn-dew
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A1 DANCE
Beating stretch
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A1 DANCE
En avant
ah na-vahn
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A1 DANCE
Forwards
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A1 DANCE
Sautés
soh-tay
www.a1dance.co.uk

A1 DANCE
Springs / Jumps
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Port de bras



pawr duh brah

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Carriage of the arms



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En manège



ahn ma-nej

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Round the room in a circle



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En diagonale



ahn dya-gaw-nal

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On the diagonal
(from corner to corner)



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Révérance



ray-vay-rahns

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Curtsey or Bow

*Thanking: The teacher for imparting priceless knowledge.
The orchestra/pianist/music operator for playing.
The audience or examiner for watching.*

En face



ahn fahss

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Opposite the audience
(facing the audience or facing the front)



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