

Required from Grade 3

**Glisser**  
glee-say  
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To slide or glide

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Required from Grade 3

**Etendre**  
ay-tahn-druh  
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To extend or stretch

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**Tourner**  
toor-nay  
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To turn

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**Elancer**  
ay-lahn-say  
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To dart

(demonstrating a soubresaut en avant)

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**Assembler**  
a-sahn-blay  
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To assemble or join together

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Required from Grade 3

**Petit**  
puh-tee  
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**A1 DANCE**  
**Small**  
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Required from Grade 3

**Grand**  
grahn  
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**A1 DANCE**  
**Large**  
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Required from Grade 3

Q. In *developpé en avant* & *developpé en arrière* the working leg passes through 4 main positions. Which positions are these?

A. The *cou de pied*, the *retire passé*, *attitude en l'air* (*devant* or *derrière*) before extending to a fully stretched *quatrième* (4<sup>th</sup> position) *en l'air*.

*Good to know*

Q. In the *cou de pied* position for *développés* & for *petits battements*, the muscles of the buttocks must be tightly pulled up - Why is this?

A. To establish & facilitate the turn-out from the hip joint.  
To prevent 'sitting' on the supporting hip.  
To help with the balance.

*Good to know*

Q. When the leg passes through the *attitude* position in *développés*, which parts of the body should be very strongly held & which parts should be relaxed?

The upper back should be very strongly held with the shoulders down & relaxed.  
The neck remains erect, but is also relaxed, enabling the head to turn with ease when necessary.

*Good to know*

Q. In attitude devant the heel of the raised foot should be?

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A. Pressed upwards with a fully stretched foot.

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*Good to know*

Q. In attitude derrière, the knee should be?

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A. Pressed upwards with a fully stretched foot & without allowing the foot to drop.

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*Cambré*

kahn-BRAY

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*Bend*

(Literally: arched)

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*Gavotte*

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In 4/4 time this was originally a peasant dance but became a fashionable court dance during the reigns of Louis XIV & XV.

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*Soutenu*

soo-t-new

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*Sustain*

(hold)

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**En tournant**

ahn-toor-NAHN

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**Turning**



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**Royale**

rwah-yal

also known as changement battu

**Royal**

Beaten change

**Pas de chat**

pah duh shah

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**Step of the cat**

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**Pas de Basque**

pah duh bask

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**Step of the Basque**

(a region in Spain)

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**Petit sissone**

puh-tee see-sawn

(formally known as sauté coupé soh-tay koopay)

**Small scissors**

(jump cut)