

3 Beat Ripple

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Stand on one foot, pick-up change preceded by a forward tap

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3 Beat Riff

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Stand on one foot, forward brush, heel dig, ball beat.

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Toe clip

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*Stand with feet slightly apart.
Lift the balls of both feet, clip the toes together & finish with a ball beat RF, ball beat LF.*

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Heel clip

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*Stand with feet slightly apart.
Lift the heels of both feet, clip the heels together & finish with a heel beat RF, heel beat LF.*

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Wing preparation

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*Stand with feet together.
Using ankle slide RF out to side by scraping outside edge of foot finishing off the ground; with ball of RF tap ground inwards towards LF finishing with RF beside LF.*

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A1 DANCE
3 Beat Wing
(from both feet)
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Stand with feet together. Flex knees & using ankles shoot both feet outward by scraping outside edges of feet finishing off the ground, with balls of feet tap the ground inwards landing on the balls of both feet.

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A1 DANCE
3 Beat Wing
(from one foot)
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Stand on one foot. Flex knee & using ankle shoot foot outward by scraping outside edge of foot finishing off the ground, with the ball of the foot tap the ground inwards landing on the ball of the same foot.

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A1 DANCE
3 Beat Wing
(changing)
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Stand on one foot. Flex knee & using ankle shoot foot outward by scraping outside edge of foot finishing off the ground, with the ball of the foot tap the ground inwards landing on the ball of the other foot.

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A1 DANCE
Good to know
Draw back
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Rocking back on the heels of both feet, simultaneously tap both feet back with elevation landing on the balls of both feet at the same time.

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A1 DANCE
Good to know
Shading
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The subtle accenting of tap rhythms through tempo, tone & volume.

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